



WELCOME!

The Canadian Dementia Knowledge Translation Network (CDKTN) welcomes you to the first issue of our newsletter. The newsletter will be distributed quarterly to keep you up-to-date on CDKTN news, social media, resources and events.

- Website
- Contact us
- Become a member

THE LATEST NEWS

DON'T MISS!
January 2012

- Alzheimer Awareness Month
- Let's Face It

January 16: Montreal, QC
 CDKTN workshop contact info@cdktn.ca

January 19: Halifax, NS
 CDKTN workshop contact info@cdktn.ca

January 26: Halifax, NS
 Alzheimer research breakfast

January 31: Halifax, NS
 Dementia and End of Life Care:Public Lecture

February 2012

February 24-26: Hamilton, ON
 The Southern Ontario Interdisciplinary Health and Aging Symposium

March 2012

March 7-10: London, England
 27th International Conference of Alzheimer's Disease International

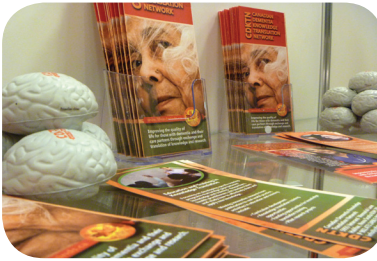
March 26-28: Toronto, ON
 The Annual Cognitive Neuroscience Conference



8 Easy Exercises to Stay Active in Later Life

Maintaining an active lifestyle may seem challenging but it doesn't have to be. Research shows that staying active as you age reduces your chances of getting dementia. An active lifestyle is as simple as going for walk a few times a week. If going for a walk seems overwhelming try marching while you are seated...

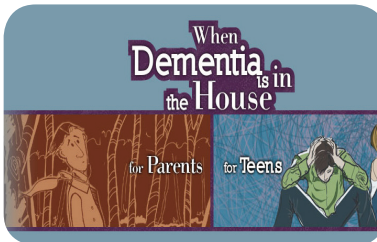
[View full article](#)



What is CDKTN?

The Canadian Dementia Knowledge Translation Network (CDKTN) is a network for translation and exchange of research in Alzheimer's disease and dementia. It consists of a collaborating group of academic institutions, academic leaders in dementia-related biomedical, clinical, psychosocial, health services, and population health research...

[View full article](#)



Launching When Dementia is in the House

Tweens and teens who have a parent or grandparent with dementia now have a website designed specifically for them. When Dementia is in the House was developed to educate children, living with someone who has dementia, on caregiving, with a focus on frontotemporal dementia (FTD)...

[View full article](#)

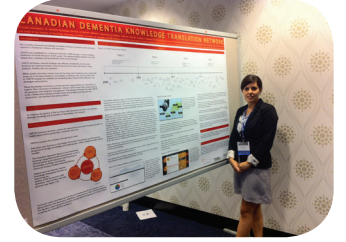
OUR FAVORITE TWEETS

ACCOUNT:	@LifeandMinds
TWEETS:	429
FOLLOWERS:	474
FOLLOWING:	1,370

CDKTN @LifeandMinds15 Nov
 Launching 'When Dementia is in the House' Check it out:lifeandminds.ca/research/

Alzheimer Society GW @ASGW18 Nov
 @LifeandMinds Such an amazing resource! Thanks for sharing!#alzheimer #dementia bit.ly/t5Djzo

FLICKR



CDKTN's poster presentation at the 6th Annual Canadian Conference on Dementia.



Dr. Kenneth Rockwood interview with CTV Atlantic.



CDKTN's booth at the 6th Annual Canadian Conference on Dementia.

RESOURCES

- CDRAKE
- Alzheimer Society of Canada
- Dalhousie University Geriatric Medicine Research Blog

TESTIMONIALS

It was nice to meet you at the Canadian Conference on Dementia.

Dr. Mark Rapoport

The Media Monitoring report is great - fabulous idea!

Jesse Robson

I am very keen to know about your future research projects.

Dr Sajeew Kumar Kshemendran

CDKTN Member Count: 703

5955 Veterans' Memorial Lane, Halifax Nova Scotia, B3H 2E1
 • www.lifeandminds.ca • P 902-473-4993 • F 902-473-1050

Unsubscribe