

TREC Team

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REFLECTIONS FROM THE TREC PRINCIPAL INVESTIGATOR

Welcome to the Summer/Fall 2011 issue of the TREC Newsletter. Due to staff changes, summer vacation and other circumstances we were unable to provide you with a summer update.

It is hard to believe that we are now in the final year of the 5 year TREC program which was initiated in 2007. A great deal of work has been done, much data collected and preliminary analyses are underway – all leading us into a busy and exciting fall with several major tasks ahead of us. The official dissemination of TREC findings is scheduled in the 3 provinces, Manitoba, Saskatchewan and Alberta for mid November. At these meetings we plan to present findings from our longitudinal monitoring system (Project 1) combined with findings from the provincial case studies (Project 2) and information on resident outcomes from RAI-MDS data which we have successfully acquired from all participating facilities.

This summer we have continued to work on the application for funding for the next phase of TREC. In previous newsletters I have mentioned our plan to expand the scope of TREC to BC (Interior Health and possibly Vancouver), Ontario (Toronto area) and Nova Scotia in addition to our TREC 1.0 partners in Alberta, Saskatchewan and Manitoba. The proposal has been taking shape over the summer and I am thankful to many investigators across the country for their contributions.

I would be pleased to meet you at our upcoming provincial dissemination meetings.

Carole A. Estabrooks



IN MEMORIAM



Photo courtesy FON.

The Faculty of Nursing suffered a tremendous loss on August 15, with the sudden passing of our Associate Dean of Research Dr. Christine Newburn-Cook. Chris was a strong supporter of TREC and indeed of everyone here at the faculty. Our thoughts and condolences to her husband Brian and family.

DISSEMINATION OF TREC FINDINGS



As data collection for TREC 1.0 is complete, and renewal plans for TREC 2.0 are underway, we are committed to communicating the results of what we have learned from TREC 1.0. We hope these early results will be both interesting and useful to stakeholders at various levels from staff and administrators in our participating and affiliated facilities to senior provincial decision makers and policy makers at the provincial government level. It is hoped that engagement in dissemination activities will enhance the shaping of TREC 2.0.

PLEASE SAVE THE DATE...FOR PROVINCIAL DISSEMINATION ACTIVITIES

Provincial dissemination activities have been scheduled as follows:

- **Manitoba on November 10, 2011 in Winnipeg**
- **Saskatchewan on November 16, 2011 at the Sheraton Cavalier Hotel in Saskatoon**
- **Alberta on November 15, 2011 in Edmonton**

These meetings will be hosted by the respective provincial lead investigators and will have the format of a provincial meeting with key decision makers followed by a meeting with directors of care of study facilities and presentation of facility specific reports. The principal investigator Dr. Carole A. Estabrooks will be making a presentation at each of the three meetings and will be available with Co-lead Dr. Peter Norton and provincial lead investigators to answer questions. Dissemination meetings for presentation of findings to staff at study facilities will be scheduled following the provincial meetings. Later this fall, staff from TREC central will be contacting all facilities to schedule feedback sessions.

Please note: All decision makers, administrators and directors of care at all nursing homes participating in TREC should have received an invitation to the provincial meeting. If you have not received an invitation, please contact Anne-Marie Adachi aadachi@ualberta.ca at your earliest convenience.

TREC PRODUCTS

Several poster presentations are in preparation for the upcoming Canadian Association of Gerontology meeting in Ottawa October 21-23, 2011. The topics include factors influencing job satisfaction for healthcare aides in long term care and nutrition status of residents in long term care.

A paper titled "Workplace aggression experienced by frontline staff in dementia care" is in press but not yet available on-line in the Journal of Clinical Nursing by authors Boström, A.-M., Squires, J.E., Mitchell, A., Sales, A. E., Estabrooks, C.A

A paper titled "Mobility of Vulnerable Elders (MOVE): Study protocol to evaluate the implementation and outcomes of a mobility intervention in long-term care facilities" by authors Slaughter, S.E., Estabrooks, C.A., Jones, A., Wagg, A. has been accepted by the journal BMC Geriatrics.

Please refer to www.trec.ualberta.ca for more information on TREC products in addition to TREC news and events.

Look for small bytes of TREC findings in upcoming newsletters.